

Softened water... a better choice for your family.



Softened water brings all kinds of welcome benefits to your family's lifestyle:

- *Reduced soap scum on bathtubs, shower tiles, basins and other household surfaces*
- *Richer soap and detergent lather that cleanses more effectively*
- *Fresher, cleaner feeling skin*
- *Brighter clothes from the washer while using less detergent*
- *Less hard mineral deposits that can clog pipes and stain appliances*

You can use salt in your water softener. But if you do, you're adding sodium to your family's drinking water. That's why there's K-Life, the safe, effective alternative that softens your water without adding sodium.



Available at:



North American Salt Company

A Compass Minerals Company

9900 W. 109th St. • Overland Park, KS 66210

800-927-7258 • Fax: 800-359-7258

www.nasalt.com

©2009 North American Salt Company

K-Life is a registered trademark of North American Salt Company

K-Life®

SODIUM FREE

WATER SOFTENER CRYSTALS



Soften Your Water Without Adding Salt!

Enjoy soft water without adding salt.

K-Life® Sodium Free Water Softener Crystals are 98.9% pure potassium chloride. It softens your water by replacing the hard water minerals with potassium instead of sodium. Potassium is one of the most essential nutrients for good health, and is also vitally important to plant life. So with K-Life, you not only avoid adding excess sodium to your drinking water, you also add natural potassium that your body needs while helping the environment. And switching to K-Life is easy because there's no need to remove existing salt from your water softener.



Potassium is the healthful alternative to salt.

Potassium is important to your muscles, heart, blood, brain and also helps cells build critical proteins and repair tissue. That's why the U.S. Food and Drug Administration established a recommended daily dietary intake of 2,700 mg to 3,500 mg per day of potassium. Unfortunately, we normally don't take in enough potassium to meet our bodies' daily requirement. By using K-Life to soften your water, and drinking two quarts per day, you can add an estimated 400 milligrams* of potassium to your diet every day. K-Life is a great way to give your family healthful potassium without having to buy a potassium supplement.



*Based on water hardness of 15 grains/gal.

Good Sources Of Potassium In Your Diet

Food	Serving Size	Potassium (mg)
Whole milk	8 oz.	271
Skim milk	8 oz.	406
Vanilla ice cream	8 oz.	412
Plain lowfat yogurt	1 cup	531
Apple juice	1 cup	95
Banana	1 medium	451
Cantaloupe	1/2 medium	825
Fresh orange juice	1 cup	496
Peeled peaches	1 medium	171
Raisins	1 cup	1089
Lean ground beef, broiled	3 oz.	2482
Beef sirloin, broiled	3 oz.	299
Roasted chicken breast	3 oz.	220
Broiled salmon	3 oz.	319
Kidney beans	8 oz.	658
Green/snap beans	8 oz.	373
Broccoli	1 spear	490
Carrots	1 cup	354
Corn on the cob	1 medium ear	192
Baked potato	1 medium	844
Spinach	1 cup	838
Tomato	1 cup	400



Potassium Intake From Drinking Water That Has Been Softened With Potassium Chloride (KCl) As A Regenerant

Initial Hardness Grains Per Gallon (As CaCo ³)	Potassium Added* mg/8 oz.
5	16
10	32
15	48
20	63
25	79
30	95
35	111

* Recommended average daily dietary intake of potassium for a healthy adult is 2,700 mg to 3,500 mg

Feel good knowing you're helping the environment.

K-Life is better for the environment than sodium. That's because potassium is an essential plant nutrient.

Too much sodium in the soil can disrupt plant growth and lead to poor quality soil. So when you use K-Life in your water softener, you're not only doing something good for your family, you're also contributing to the health and vitality of the environment. That's something to feel good about!

